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Ballarat Neighbourhood Centre, 11 Tuppen Drive, Sebastopol www.ballaratnc.org.au Phone: 5329 3273





Victoria has tough new bail laws

These laws are aimed at reducing the risk of reoffending, by making it harder to get bail if you're accused of a violent crime.

There are also new offences if you break your bail conditions or commit a crime while on bail.







International Week of Deaf People



Hi All.

I am Gary Kerridge, The Regional Outreach Officer for Ballarat region. I am employed by Deaf Victoria and I have a simple aim, to make sure our Ballarat community is accessible and inclusive for people who are Deaf and hard-of-hearing. Whether this is local services, government services, sporting facilities or the Arts, the aim is to make these areas as accessible and inclusive as possible. Sometimes I work with individuals and families to help them advocate for access and services and sometimes I work with local organisations and disability groups to develop partnerships and opportunities that will make the community more accessible and inclusive.

I am really excited to announce that between 22 and 28 September it will be the International Week of Deaf People. This year's theme is No Human Rights Without Sign





Language Rights. What does this mean?

It's really simple, all Deaf people who use sign language throughout the world have a right to access sign language. They have a right to:

- 1) Acquire sign language and be part of the rich and vibrant Deaf community.
- 2) Access sign language for their education.
- 3) Engage sign language interpreters to access services like health, employment, counselling and other supports to meet their personal needs.
- 4) Access sign language so that they can join the wider community in theatre, arts, concerts, local events and so on.



Put simply, there are no Human Rights without sign language rights for Deaf people and the Deaf community, or any hard-of-hearing person who has chosen sign language as a means of communication, even if it is later in life.

Join us in celebrating International Week of Deaf people.

Gary Kerridge Regional Outreach Officer - Ballarat 0419 811 523 8338 4230 gary.kerridge@deafvictoria.org.au deafvictoria.org.au

Support for the Deaf and Hard-of-Hearing Community

The Ballarat East Neighbourhood House offers a range of Community Auslan activities including classes and social groups. See p.12 for the Term 4 Activities Calendar and contact details to register.





Good governance support for community groups continues

Community Bank Buninyong

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Bendigo Bank

The Ballarat East Neighbourhood House is excited to be partnering with the Community Bank Buninyong to continue to offer governance support to local community groups.

On Wednesday 19 and again on Saturday 29 November, we will be offering two free Community Group Workshop Days. Topics will be specific to community groups and include Grant Writing, Financial Management, Marketing and Promotion and Recruiting and Managing Volunteers. There will be the option to network with others and lunch will be provided.

The Community Group Workshop Days will be held at Buninyong Community House and registration is required. The Saturday program will be a repeat of the Wednesday program.

Over the past four years, through a Strategic Partnership Grant from the City of Ballarat, the Ballarat East Neighbourhood House developed a series of engaging workshops to support community groups with some of the trickier elements of running an organisation. In addition to facilitated discussions, the Workshop Days will include four of the most popular topics, .

Together with the Community Bank Buninyong, we will continue to support local community groups through offering Workshop Days and also by providing 1:1 support to community groups with specific issues or concerns related to governing their organisation, such following the constitution, conflict within a Committee, implementing the Child Safe Standards, running an Annual General Meeting (AGM), reporting to the Australian Tax Office (ATO) and more.

Supporting this project, the City of Ballarat engaged the Ballarat East Neighbourhood House to continue to deliver Workshops supporting their Community Impact Grant Program for 2025-26.

To join our Community Group mailing list, find helpful online resources or enquire about 1:1 support visit:

ballarateastnh.org.au/communitygo vernance/community-groups



An Australian Government Initiative



\$1,250
in individual
funding support
Program eligibility applies

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Where to find more information 1300 000 175

Helping Parents Thrive | Geelong & Ballarat www.djerriwarrh.org.au/parent-pathways

Participation is voluntary, people can self-refer, join anytime and leave whenever they choose.

Power Saving Bonus Support



The Ballarat East Neighbourhood House is an official community outreach provider for the State Government's \$100 Power Saving Bonus. We are assisting eligible community members to receive this one-off payment to help ease energy bill stress and to help them seek out a better energy deal.

To be eligible, households will need to:

- Be a Victorian residential energy consumer (i.e. have a residential electricity account) - applicants must be the account holder.
- Have a recent residential electricity bill.
- Hold one of the following concession cards:
 - o Health Care Card
 - o Pensioner Concession Card
 - Veterans' Affairs Pensioner Concession Card
 - Veterans' Affairs Gold Card

One payment is available per household. Drop-in times and details for appointments are on p.12.

Digital Skills Support



Join the Ballarat East Neighbourhood House for a free Get Online Week event from 1.00 pm - 3.00 pm on Thursday 23 October during our weekly Community Auslan (Australian Sign Language) Practice Group session at Barkly Square, Ballarat East. Learn digital skills to help practise the basics of Auslan in a welcoming group setting. All levels are welcome and voices are used to help clarify, support and encourage understanding Auslan.

Supported by our Community Auslan teacher and local Deaf Victoria Regional Outreach Officer for Ballarat, learn how to access a range of resources to support people wanting to learn Auslan, such as the Auslan online dictionary and relevant educational videos. Be introduced to great resources for the Deaf and Hard-of-Hearing community.

People who register will receive a free hot or cold drink from the cafe. See p.12 for contact details.

Financial Wellbeing



Cafs will be delivering these free sessions at the Ballarat East Neighbourhood House in November (registration details are on p.12):

Renter rights and responsibilities:

Wednesday 5, 10.00 am - 11.00 am

- Renter rights and responsibilities
- Common rental problems and what you can do

Financial Wellbeing:

Friday 7, 10.00 am - 11.00 am, also on Wednesday 26, 10.00 am - 11.00 am

- Being money smart
- Budgeting and tips for saving/reducing costs
- · Credit and loans

Scams and being safe online:

Tuesday 11, 10.00 am - 11.00 am

- Types of scams and how to spot them
- Ways you can protect yourself online and against scams
- What to do if you think you have been scammed

Gambling Harm Awareness:

Wednesday 12, 10.00 am - 11.00 am

- Gambling harm statistics and signs to look out for
- How to get support, both financial and therapeutic

Budgeting:

Tuesday 25 , 10.00 am - 11.00 am

- What is a budget and what are the benefits? Where do you start?
- Budgeting language
- Long term budgeting techniques





Term 4, 2025: Activities

Mondays

Tuesdays

Wednesdays

Thursdays

Fridays

Community Auslan: C with Jane - Learn Local Course* 9.30 am - 12.00 noon Barkly Square, Rm #103

> \$95, 8-week course, from 13 October

Power Saving Bonus 10.00 am - 12.00 noon Barkly Square, Rm #102 FREE assistance to apply \$100 Power Saving Bonus

Community Auslan: B with Jane - Learn Local Course* 12.30 pm - 3.00 pm Barkly Square, Rm #103 \$95, 8-week course.

from 13 October

Monday Mend-Along & Art-and-Crafternoon with Liz

12.30 pm - 3.00 pm Barkly Square, Rm #102 FREE, from 6 October BYO art, craft, sewing or mending projects, supplies & equipment. All welcome.

Climate Café with Susan and Gerry 5.30 pm - 7.00 pm

Barkly Square, Rm #103 FREE, monthly Mondays: 6 Oct, 3 Nov, 8 Dec

A supportive facilitated space to share thoughts and feelings about the climate crisis.

> Registrations & Payments

You can register for our activities online, or contact our office on 0422 612 052. Payment plans are available on request if needed.

Office open hours

9.00 am - 3.00 pm: Mondays, Wednesdays, Thursdays and Fridays 9.00 am - 5.00 pm: Tuesdays (Closed Public Holidays & School Holidays)

FREE Financial Support Information Sessions with Cafs

10.00 am - 11.00 am Barkly Square, Rm #102

FREE Scams and Being Safe Online: 11 November and Budgeting: 25 November

Tuesday Walking Group

9.30 am - 10.30 am Meet outside the Café at Barkly Square for a walk along Specimen Vale Creek to Eureka Centre FREE, from 7 October

Chatty Tuesdays 10.30 am - 12.00 noon Atrium or the Café Barkly Square

FREE, from 7 October

Community Auslan: A with Jane - Learn Local Course*

12.30 pm - 3.00 pm Barkly Square, Rm #103 \$95, 8-week course, from 14 October

Power Saving Bonus

1.00 pm - 3.00 pm Barkly Square, Rm #102 FREE assistance to apply \$100 Power Saving Bonus

Tanzpro (6-12 yo) with Liz

4.00 pm - 5.30 pm Barkly Square, Rm #103

\$150, 10-week course, from 7 October

FREE Come & Try sessions

Expressions of Interest also being taken for Tanzpro (3-6 yo) with Liz

Time and date TBC

FREE Financial Support Information Sessions with Cafs

10.00 am - 11.00 am Barkly Square, Rm #102 FREE

In November: Renter Rights and Responsibilities (5th), Gambling Harm Awareness (12th) & Financial Wellbeing (26th)

> Wednesday Walking Group

9.30 am - 10.30 am Meet outside the Café at Barkly Square for a walk along Specimen Vale Creek to Eureka Centre FREE, from 8 October

Chatty Wednesdays

10.30 am - 12.00 noon Atrium or the Café Barkly Square

FREE, from 8 October

Winter Woollies with Sandra

1.00 pm - 5.00 pm Barkly Square, Rm #102 FREE, from 8 October Craft/Knit/Crochet/Create All welcome

Feldenkrais with Lynden

2.00 pm - 3.00 pm Barkly Square, Rm #103 \$90, 6-week course, from 22 October

Tai Chi with Jack

3.30 pm - 4.30 pm Barkly Square, Rm #103 \$135, 9-week course, from 15 October

Power Saving Bonus 10.00 am - 12.00 noon Barkly Square, Rm #102

FREE assistance to apply \$100 Power Saving Bonus

Book Group

10.30 am - 12.00 noon Atrium, near the Café Barkly Square

FREE, monthly Thursdays

during school term: 9 October, 13 November, 11 December. Additional sessions on 23 October and 27 November to chat about books with a particular theme.

See website (or contact us) for book/theme details.

Qigong with Klyti

11.15 am - 12.15 pm or 1.00 pm - 2.00 pm EOI Barkly Square, Rm #103

\$135, 9-week course. from 9 October

Community Auslan: Practice Group

2.00 pm - 3.00 pm Atrium or the Café Barkly Square

FREE, from 9 October

Be Connected Digital Skills Support

12.30 pm - 2.30 pm Barkly Square, Rm #102 FREE, from 9 October Supporting people aged 50+ to use technology and learn new digital skills.

Contact us to let us know what activities you'd like to see on our calendar in 2026!

FREE Financial Support Information Sessions with Cafs

10.00 am - 11.00 am Barkly Square, Rm #103

FREE Financial Wellbeing: 7 November

Power Saving Bonus

10.00 am - 12.00 noon Barkly Square, Rm #102 FREE assistance to apply \$100 Power Saving Bonus

Saturdays

Community Auslan: "Voice Off" Practice

10.00 am - 11.30 am Sebastopol Library

FREE, monthly Saturdays: 27 September, 25 October, 29 November

Several activities supported by:



Your goals, your way

*All Learn Local Courses receive Victorian State Government funding through the Adult and Community Further Education program, which covers the tuition costs up to a rate of \$9.35/hour per person.

Participants pay a course fee to cover our administration, amenities and materials costs.

Please see our website for additional information including course codes.

Venue information

Our Office, Community Rooms #102 and #103, the Atrium and Café are all on the Ground Floor @ Barkly Square. See accessibility map of Barkly Square at: barklysquare.org.au/ accessibility

Ballarat East Neighbourhood House is on Wadawurrung Country, Ground Floor @ Barkly Square, 25-39 Barkly St. Ballarat East.

To register or find out more: ballarateastnh.org.au Contact Us: 0422 612 052 or reception@ballarateastnh.org.au Follow us online: facebook.com/BallaratEastNH instagram.com/ballarateastneighbourhoodhouse/