

Ballarat East

Community News

Edition 11 February 2023 Connecting people in Bakery Hill, Ballarat East, Canadian, Eureka, Golden Point, Mount Pleasant and Warrenheip



Mark Cartledge at the Ballarat Fire Station, Ballarat East. Photographer: Yara Reiter

Local Recipient of the Australian Fire Service Medal (AFSM)

Whenever you need a hero, you should look for Mark Cartledge, the Captain of our local Ballarat CFA.

Mark is the latest recipient of the Australian Fire Service Medal (AFSM). The prestigious honour is awarded to those who have rendered distinguished service as a member of an Australian fire service. For Mark, it is recognition of an amazing achievement: over 30 years of firefighting service and leadership. Mark shows a remarkable dedication and commitment to his job but says that he “wouldn’t have got the medal without the support of his family and work colleagues”.

Community and good teamwork are

at the heart of everything Mark does. Mark “just loves his job” and says that it “was a nice surprise” when he found out about the award.

From a young age Mark had ambitions to be a firefighter and officially joined the Ballarat CFA in January 1992. Mark worked for nine years at Forest Fire Management Victoria (FFMVic) and continues to volunteer as a speaker at the Amber Community (formerly Road Trauma Support Services), helping to educate drivers about the impacts of road trauma on families and the community.

Mark now uses his great leadership skills as the Municipal Fire

Prevention Officer at the City of Ballarat, where his firefighting knowledge and experience is well-respected.

Mark says that “becoming a lifetime member of the Ballarat CFA and getting the AFSM medal” are the two greatest achievements of his firefighting career. Yet Mark’s quiet achievements, have also been the loudest, with his drive to create a Loud Fence at the Ballarat CFA to honour and uphold the spirit of strength and resilience.

Mark’s leadership shows his firefighting compassion for others and bravery to enact cultural change in the CFA that promotes and upholds children’s safety.

Congratulations to Mark for his amazing achievement of being awarded the AFSM Medal in the 2023 Australia Day Honours list.

Yara Reiter, Social Work Placement Student, Ballarat East Neighbourhood House





Acknowledgement of Country



We acknowledge the Wadawurrung people and their ancestors who have been custodians of the Ballarat area for thousands of years, performing age-old cultural ceremonies, celebrations and traditions. We would like to acknowledge the Ballarat Aboriginal community, many of whom were forcibly removed from their families during the Stolen Generations decades and brought to Ballarat. We would also like to acknowledge and pay our respects to Elders past and present.

About the Ballarat East Community News

The Ballarat East Community News is a project of the Ballarat East Neighbourhood House. Its establishment in early 2021 was supported by the City of Ballarat through a Community Impact Grant and publishing in 2022 was supported by VicHealth through a Reimagining Health Grant.

Contributors

This publication is compiled, edited and designed by Ballarat East Neighbourhood House volunteers and staff. Our front page banner was designed by local artist, Kelsie White. Thank you to this edition's volunteer contributors Yara and Jo.

The views expressed or information provided in this publication are not necessarily those of the Ballarat East Community News or Ballarat East Neighbourhood House, including any officers, members, agents, volunteers or contractors.

Advertising

Thank you to our advertisers for financially supporting this important community project for broader Ballarat East.

Advertising rates per edition are:

\$150 + GST: Business Card

\$300 + GST: Banner

\$750 + GST: Half page



The Ballarat East Neighbourhood House welcomes all LGBTQIA+ communities.



Frequency and distribution

This publication is printed five to six times each year. In 2023 it is scheduled for distribution in January, March, May, August and November.

Over 7500 hard copies are delivered by a team of over 50 local volunteers to the suburbs of Ballarat East, Canadian, Eureka, Golden Point, Mount Pleasant and Warrenheip. Involving volunteers is a key community development element of this project.

This publication is printed locally on 100% recycled paper by a family-owned business, Ballarat Mailworks, 512 Dowling Street, Wendouree, 3350.

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Next Edition

Articles and ideas for Edition 12 are due by **Friday 17 March 2023** by email or in hard copy to Barkly Square Main Reception. Please read the editorial policy: ballarateastnh.org.au/ballarat-east-community-news/community-news

ISSN: 2652-9815 (Print)

ISSN: 2652-9823 (Online)

Join our Team

Volunteer to help with this publication by: writing articles, proof-reading, taking photographs, seeking advertising, layout/design and/or delivery. Interested? Please get in touch.

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Wadawurrung Country,

25-39 Barkly Street, Ballarat East

9.00 am - 5.00 pm Tuesdays to Fridays during school term.

Memberships:



Neighbourhood Houses
The Heart of Our Community



Central Highlands Association
of Neighbourhood Houses



CORE
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CNAV
COMMUNITY NEIGHBOURHOOD ASSOCIATION OF VICTORIA
the voice of the community.
MEMBER 2023



Welcome to Edition Eleven, Ballarat East Community News

There is a lot of change happening in the broader Ballarat East community and with that comes some sadness and also some new opportunities.

Our community will sadly farewell Shiree and the inspiring team from A Pot of Courage as they leave Barkly Square in late March, 2023 (p.12). What a huge positive impact they have had on Ballarat and beyond.

We also welcome new people and activities to broader Ballarat East.

There are opportunities to get involved with the local scouts in Golden Point (p.6) and Bowls in Ballarat East (p.7). Young people can apply to join the Speak Up initiative (p.3) and everyone can take part in art workshops with local artist, Tegan, and her lovely dog, Blazer (p.4)

Community Groups have local grants to consider (p.4) and free training workshops (p.11) on offer.

We hope you can find something of interest in this edition. We would love to hear what you think. Please get in touch and let us know your thoughts.

Sarah Greenwood-Smith
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Centre for
Multicultural Youth
cmj

SPEAK UP VOLUNTEER POSITIONS AVAILABLE

Join us to co-design and deliver a gender equity initiative to promote awareness and violence prevention among multicultural young people.



Benefits include:

- Giving back to the community
- Extensive online and in person training around leadership, project management, co-design, facilitation, self-care, gender equity, cultural responsiveness, intersectionality and prevention of violence against women
- An honorary payment to recognise the youth volunteer's value and contribution and cover costs incurred as part of their role.
- Facilitated weekly (or as needed) co-design meetings (both in-person and online) with a fully catered nourishing dinner when meeting face to face
- Administrative support and professional development opportunities



Who can apply:

Young people aged 14-30 years old and who:

- Have a refugee or migrant background (including young people born in Australia with parents/carers with a refugee/migrant experience)
- Able to attend meetings on a regular basis (weekly or fortnightly)
- Committed to addressing and advocating for gender equity, especially within refugee and migrant communities

If you are interested, please email:

Angeli Atuesta
E | aatuesta@cmj.net.au

Catherine
KING MP

Federal Member for Ballarat

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✉ Catherine.King.MP@aph.gov.au

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Standing up for our Community!

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Authorised by Catherine King, Australian Labor Party, 5/9 Sydney Avenue Barton ACT.

Bakery Hill

Bakers Delight
Baking fresh daily.

Well the year is already moving along quickly... and Easter is just around the corner!

To get into the Easter Spirit purchase any 6 pack of our delicious Hot Cross Buns and get any loaf of bread up to the value of \$5.20 for FREE!

Simply bring in this coupon to redeem the offer. One per customer per day.

Shop 6, 73 Victoria St, Bakery Hill Shopping Complex
Valid at Bakers Delight Bakery Hill only until 10 April 2023

Grants for Local Groups

In early February, 2023, the City of Ballarat finalised the first round of Community Impact Grants for 2022/23.

The first round of grants saw \$144,110 awarded to 24 Ballarat community groups, including musical groups, sporting associations, the LGBTIQ+ community, and many more.

Now, community groups seeking to boost their programs, increase participation and create great community outcomes are being encouraged to apply for the second round of grants.

Applications are now being accepted from local not-for-profit incorporated organisations, groups and associations.

Funding opportunities ranging from \$500 to \$20,000 are available and applications will be assessed by a Community Impact Grant Allocations Committee which is comprised of three Councillors, representatives from local community organisations and community members.

Applications are now open and will close at **5.00 pm on Monday 6 March**.

City of Ballarat Mayor, Cr Des Hudson, encouraged local, not-for-profit incorporated organisations, groups or associations to apply.

“As a Council, we are always keen to give community groups a helping hand, where possible,” Cr Hudson said. “Sometimes an extra boost can make a huge difference.”

Examples of successful applications from round one of the Community Impact Grants in the broader Ballarat East area included:

Ballarat Little Athletics: ‘Inclusive Timing System Expansion’

This funding will allow an upgrade to the existing timing system and the purchase of additional hardware to improve the timing ability of the centre. Solar battery upgrades will also mean the system is more environmentally friendly.

Allocation Amount: \$9,925

York Street Church of Christ: ‘Reverse Advent Calendar and Big Blessing Day’

The Reverse Advent Calendar has taken the tradition of the Advent Calendar and reversed it, putting a non-perishable item in each day for those in need instead. The church also hosted the ‘Big Blessing Day,’ where they distributed the boxes to those in need and held this event for the community to enjoy.

Allocation Amount: \$6,943

To apply:

- ballarat.vic.gov.au/communitygrants
- Download and read through the ‘Community Impact Grant Guidelines’, ‘Budget Tip Sheet’ and ‘Making your project more inclusive’ documents
- Gather all the documents you need in one place.
- Complete the application form and requirements
- Submit your application for consideration by the Community Impact Grant Committee



Blazer and friends

Pet Mascot: Ballarat East Neighbourhood House

It was very exciting to discover that the 2023 Pet Mascot for the Ballarat East Neighbourhood House has a wonderful creative person living with him: Tegan Crosbie. It was also a surprise that Tegan, a painter based in Ballarat, has just created the Workshoppery at Barkly Square.

By day, Tegan is a secondary school art teacher and by night, she says, "I'm a sneaky artist!"

Tegan is running a Watercolour class on Friday mornings at Barkly Square, in partnership with the Ballarat East Neighbourhood House. Blazer loves to join in. What a super pet mascot!

Find out more about Tegan's Workshops, including: Art Club for Grown Ups, Art Club After School, Earring Workshop, Ceramic Vase painting and more!

tegancrosbieart.bigcartel.com

Supporting our community since 1981



- Adult Education and Training
- Employment Services & Support
- Community Events & Lunches
- Volunteering Opportunities

Tuppen Drive, Sebastopol | www.ballaratnc.org.au | Ph: 5329 3273



Sick Pay Guarantee

Neighbourhood Houses Victoria and the Victorian Government have partnered to help community members apply for the Victorian Sick Pay Guarantee.

Workers can sign up and claim the Sick Pay Guarantee online. However, we understand that many people in our communities either lack access to devices or internet or lack confidence and skills in using technology.

To ensure no one gets left behind, Neighbourhood Houses across the state are ready to help people sign up and access the Sick Pay Guarantee.

What is the Sick Pay Guarantee?

The Sick Pay Guarantee provides eligible casual and contract workers with up to 38 hours a year of sick and carer's pay.

It helps workers when they're rostered on but they need to take time off because they're sick or need to take care of a loved one.

Victoria is the first state in Australia to have this program. It is a two-year pilot program, fully funded by the Victorian Government.

It is free to sign up.

Workers must sign up before they can start claiming sick and carer's pay.

Which jobs are included in the Sick Pay Guarantee?

Jobs currently included are:

- Hospitality workers
- Food trades and food preparation assistants



Sick and carer's pay for casual and contract workers.

Don't wait until you're sick. We can help you sign up today.
vic.gov.au/sickpayguarantee



Partnering with



- Supermarket workers and supermarket supply chain workers
- Retail and sales assistants
- Aged care and disability workers
- Cleaners and laundry workers
- Security guards.

See the full list of eligible jobs: vic.gov.au/how-sign-sick-pay-guarantee#eligible-jobs

Who is eligible for the Sick Pay Guarantee?

The program is open to casual and contract workers, including independent contractors and sole traders with no employees.

To be eligible, you must meet the following eligibility requirements:

- Do not have access to paid annual, personal, sick or carer's leave entitlements in any job.
- Aged 15 years or older.
- Physically work in Victoria.
- Have the right to work in Australia.
- Work an average of 7.6 hours per week or more in an eligible job.

Can I sign up if I am not an Australian citizen or permanent resident?

Yes. If you meet the eligibility requirements, including having the right to work in Australia, you can sign up.

How much will I be paid?

Payments are made at the national minimum wage (\$21.38 per hour), regardless of whether you claim for a weekday, weekend or public holiday.

Can I claim sick pay on the same day that I sign up?

You must sign up to the Sick Pay Guarantee before you can make a claim. After your application is approved (which can take up to five business days from when you sign up), you can start making claims.

How do I sign up for the Sick Pay Guarantee?

You can sign up online at vic.gov.au/sickpayguarantee or on the Service Victoria app.

If you need a hand, contact your local Neighbourhood House for support.



We're helping local families with free kinder.

Because we want to give every kid the very best start in life.

Michaela Settle MP
Member for Eureka

15 Main Road, Bakery Hill VIC 3350
5331 7722 michaela.settle@parliament.vic.gov.au
MichaelaSettleMP

5th Ballarat Scout Group.

Located on the banks of the Yarrowee Creek (drain) in Golden Point is the 5th Ballarat Scout Hall. A hall of opportunity for those that take up the Scouting Challenge.

Scouting provides a great opportunity for the young members of our community to join together with a common goal of learning about themselves and the outdoors all in a strong, positive, youth-focussed environment. Scouts follows the motto of "Youth Lead, Adult Supported".

The main aim of Scouting is to provide an adventurous, fun, challenging and inclusive program to youth everywhere which teaches life skills and leadership.

Another wonderful aspect of the program is that Scouts always work their hardest to provide support and service within their community where possible. The upcoming Clean Up Australia Day is one such example.

Scouts participate in a broad range of activities with the prime focus being the outdoors. Later this year we have youth going to Switzerland, South Korea for a World Scout Jamboree and New Zealand along with other major camps closer to home such as Cuboree, a 5 day camp for cubs in late September.



Scouting is fun! Image from Scouts Victoria

Scouting caters for youth from ages 5 through to 18 in:

- **Joeys:** ages 5 – 8,
- **Cubs:** ages 8 – 11,
- **Scouts:** ages 11 – 15 and
- **Venturers:** ages 15 – 18.

Scouting isn't just for kids. We are a volunteer organisation and are always looking for adults who want to share their passions and make a difference to someone's life. Being a leader is a challenging but very rewarding experience.

If you want to join in the adventure please contact the 5th Ballarat Group Leader, Julian on **0439 744 890** or gl.5thballarat@scoutsvictoria.com.au

Friends of Canadian Corridor

The Bunny Rail Trail moved another step forward with a very successful pine sapling removal working bee on Saturday 18 February 2023.

The working bee volunteers' aim was to clear the pine saplings from along the trail route between the old rail embankment and the entrance to Woowookarung Regional Park.

The now cleared trail will allow contractors to install a drainage pipe

and prepare the trail surface before putting the final topping on the trail.

The works on the trail, including the bridge across the creek, are being paid for by the generosity of the "Community Bank Buninyong" community investment program.

Progress on the Bunny Trail will include the bridge being installed followed by fencing and protective bollards near the bridge.

When complete the "Bunny Trail" rail trail will allow walkers and cyclists to ride from Mt Clear to Ballarat Station passing five old railway stations along the way on defined trails and roads.



Source: FOCC Facebook

An advertisement for The Forge Pizzeria. On the left is a circular logo with the text "Est. 2010", "The Forge Pizzeria", and "Ballarat 3350". To the right of the logo, the text reads "Victoria Street", "Open daily from 4:30pm", and "5337 6635". At the bottom, it says "Order now online at theforgepizzeria.com". The background of the advertisement is black with white line drawings of various pizza-making tools and ingredients like a pizza, a bowl of sauce, and a pizza cutter.