

Term 4, 2022: Calendar

Mondays

Tuesdays

Wednesdays

Thursdays

Fridays

The Ballarat East Neighbourhood House staff and volunteer office (upstairs) and our Training Room (downstairs) are on

Wadawurrung Country at

Barkly Square, 25-39 Barkly Street, Ballarat East.

We are available from **9.00 am - 5.00 pm**

Tuesdays to Fridays

(closed Mondays, Public Holidays and during school holidays).

Please ask for us at the Barkly Square Main Reception, downstairs and we will come down to see you.

All activities and prices require registration, are subject to change without notice and require minimum participant numbers (usually 6 people). Please contact us to register and confirm start dates.

Drawing Group

with Jenette

1.00 pm - 3.00 pm

Ballarat East Neighbourhood House Training Room, Barkly Square

\$10 per class

BYO supplies

From 10 October

Gentle Yoga

with Kate

7.45 am - 8.45 am

Barkly Square

\$10 per class

From 4 October

Be Connected Improving Digital Skills

with Greg 1:1 sessions

9.30 am - 10.30 am

10.30 am - 11.30 am

Barkly Square

Free

From 11 October

Playgroup with the Toy Library

10.00 am - 12.00 noon

Barkly Square

Free

From 4 October

Tai Chi

with Jeni

10.00 am - 11.00 am

Eureka Hall

\$10 per class

From 4 October

Mindfulness in Nature with Art

with Nellie & Clare

1.30 pm - 3.00 pm

Barkly Square

\$15 per class

Supplies included

From 11 October

Creative Kids' Club

with Nellie

3.45 pm - 5.15 pm

Barkly Square

5-12 year old children

\$12/session (child #1)

\$8/session (extra booking)

From 11 October

Digital Essentials

with Greg

9.30 am - 11.30 am

Ballarat East

Neighbourhood House Training Room, Barkly Square

\$40, 8-week course

Learn Local Course

From 12 October

Walking Group

9.30 am - 10.30 am

meet at A Pot of

Courage Café, Barkly Square for a walk along Specimen Vale Creek

Free

From 5 October

Alexander Technique

with Julianne

10.00 am - 11.00 am

Tower Room,

Eureka Centre

\$10 per class

From 12 October

Chatty Wednesdays

10.30 am - 11.30 am

A Pot of Courage Café

Chatty Tables

Free

From 5 October

Winter Woollies

with Sandra

1.00 pm - 5.00 pm

Ballarat East

Neighbourhood House Training Room, Barkly Square

Free

From 5 October

Beginner's Auslan

with Jane

9.30 am - 11.30 am

Ballarat East

Neighbourhood House Training Room, Barkly Square

\$80, 8-week course

Learn Local Course

From 13 October

Tai Chi

with Jeni

10.00 am - 11.00 am

Eureka Hall

\$10 per class

From 6 October

Be Connected Improving Digital Skills

with Greg 1:1 sessions

1.00 pm - 2.00 pm

2.00 pm - 3.00 pm

Barkly Square

Free

From 13 October

Got an idea for a new group, activity or class for 2023? Please contact our team (details below) so we can see who else might be interested and start planning for next year.

For the most up-to-date version of this calendar, please visit:

ballarateastnh.org.au/classes/activities

or contact our team (details below).

Gentle Yoga

with Kate

7.45 am - 8.45 am

Tower Room,

Eureka Centre

\$10 per class

From 7 October

Gentle Yoga

with Kate

9.30 am - 10.30 am

Tower Room,

Eureka Centre

\$10 per class

From 7 October

Intermediate Auslan

with Jane

9.30 am - 11.30 am

Barkly Square

\$80 for 8-week course

Learn Local Course

From 14 October

Watercolour

with Kelsie

10.00 am - 12.00 pm

Barkly Square

\$20 per class

Supplies included

From 7 October

Hypnotherapy/ Meditation

with Clare

1.00 pm - 2.00 pm

Barkly Square

\$10 per class

From 14 October

Watercolour

with Kelsie

2.30 pm - 4.30 pm

Barkly Square

\$20 per class

Supplies included

From 7 October

Vote for the inaugural Ballarat East Neighbourhood House Pet Mascot!



Bunji



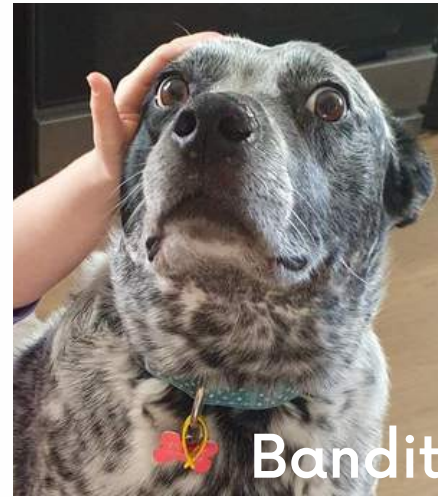
Lizzie & Sally



Blazer



Sugar



Bandit

The Ballarat East Neighbourhood House is looking for a pet mascot to join our team!

Meet our five finalists, Bandit, Blazer, Bunji, Lizzie & Sally and Sugar Dog. Their humans have all won two large hot drink vouchers from the wonderful A Pot of Courage Café at Barkly Square, Ballarat East.

Colour photographs of the finalists are available online and voting is open until **Friday 14 October 2022**. Those who vote are eligible to go in the draw to win one of ten \$10 vouchers from Baker's Delight Bakery Hill.

The winning pet will be introduced in the next edition as our new pet mascot.

To find out more and to vote, see: ballarateastnh.org.au/about-us/our-team/pet-mascot or call/text us on 0422 612 052 and we will submit your vote.

Bandit - "Bandit is a Blue Heeler. We adopted Bandit last year from the Ballarat animal shelter and can't believe

our luck in finding such a wonderful dog. He loves walks and cuddles on the couch. He's just a beautiful soul."

Blazer - This is Blazer! The beloved seven-year-old Beaglier whom I adopted this year. Blazer loves nothing more than curling up next to a human for cuddles and his human loves nothing more than stroking his silky loooong ears! His other favourite pastime is sniffing! The Beagle breed kicks in and he could follow his nose for days! Blazer a skinny little fella and feels the cold so has a collection of dapper coats to keep him warm through Ballarat's winters. And he looks pretty cute wearing them too! I might be biased but I'm pretty sure he is the most photogenic doggo in the world! Hope you love Blazer as much as I do."

Bunji - Originally named for her fourth (now removed) leg which was uncontrolled like a bungee rope, Bunji's owner was pleased to learn that her name also has an Indigenous Australian meaning: "a little mate". Her owner says Bunji is very energetic, loves attention, is a mummy's girl and is perfect!

Lizzie Pepper (left) and Sally Skip (right) - two dachshund sisters who came to live with us during the pandemic. They were both born in August 2020. They are very friendly. They love lots of attention and are rather spoilt! We only planned to have one dog. When we saw them on a video call, Lizzie and Sally said: "Woof, we can't be separated". So, they came together on big dog pet transport truck from Sydney NSW. We met them in a carpark in Wendouree and our hearts melted when we saw these two little puppies in a nest of straw. They love Ballarat and have made lots of friends on their regular walks around Mount Pleasant. Their favourite food is chicken and sardines. Lizzie's favourite activity is playing chasey with the ball. Sally just likes to manage everything. Their most hated activity is going for walks in the rain.

Sugar Dog - Sugar is a first generation cavoodle. She is two years old and has four puppies: Bonny, Louie, Teddy and Henderson. She has an opinion about almost everything and is very cheeky and lovable!